



KALANDRA LEVEL 3

2025

Programme Brochure

www.kalandra.ac.nz



Kalandra.ac.nz



Training@kalandra.ac.nz



0800 KALANDRA

NEW ZEALAND CERTIFICATE IN HEALTH AND WELLBEING (LEVEL 3)

Certificate in Health Assistance (Level 3)

Programme Overview:

NZQF: Level 3

Total credits: 71

Delivery length: 31 weeks (including 2 holiday weeks)

Total learning hours: 710

Directed learning: 20 hours per week. ONLINE. No time off required.

Work placement: Clinical hours in own place of work (as appropriate). A minimum of 5 hours per week.

Entry Criteria:

- Aged 18 years of age and over
- Currently employed as a Health Care Assistant
- New Zealand Certificate in Health and Wellbeing (Level 2) or equivalent
- Ability to complete course work and assignments online
- Willingness to work with the older person
- Physically able

Work Visas:

- IELTS 5.0 overall or equivalent
- Support of employer

Strand Options:

- Palliative Care
- Physical Disability
- Intellectual Disability
- Community Care
- Mental Health Support



Programme Content:

Module 1: Protection of the Vulnerable

Module 2: Professional Expectations

Module 3: Risk Minimisation

Module 4: Person-Centred Care Practices

Module 5: Safe Practices

Module 6: Elective

Module 6 elective:

1. Palliative Care
2. Physical Disability Support
3. Intellectual Disability Support
4. Community Care
5. Mental Health Support

Cost:

New Zealand Citizens OR
Permanent Residents

\$1535

Work Visa Holders

\$4000

Can be paid by installments

Employment Pathways:

Graduates can be employed in roles such as:

- Healthcare Assistant – Aged Care, Primary and Acute Care, Therapeutic Programme Care
- Community Support Worker
- Medical Practice Assistant, Dental Assistant
- Homecare Support Worker / Caregiver
- Hospital Orderly

Education Pathways:

Students who successfully complete the Certificate in Health Assistance (Level 3), with strands in Palliative Care, Physical Disability Support, Intellectual Disability Support, Community Care, and Mental Health Support, have met the requirements for entry into the New Zealand Certificate in Health and Wellbeing (Social and Community Services) (Level 4) with a strand in Mental Health and Addiction. It may lead on to further study in related health and wellbeing contexts such as the New Zealand Certificate in Health and Wellbeing (Advanced Care and Support) (Level 4), or in leadership and management

INTRODUCTION

Vision:

Enabling others to improve the life of the vulnerable person

Mission:

Transforming care through developing and sharing innovative education

Purpose:


In a world dominated by an ageing society, the demand for the provision of care that older people expect and deserve is rapidly outstripping current support staff numbers and ability. Kalandra's purpose is to meet that demand and, by extending Health Care Assistant knowledge and skills, to optimise the standard of care received by aged people in New Zealand and internationally. Kalandra is built on a value system that holds caring, respect and knowledge at its core

Why Kalandra?

Transparent - no hidden fees! No admin fees if visas are not granted.

Clear policies regarding refunds, assessments and expectations.

History - long history in the provision of healthcare training as well as in the healthcare industry.



“Billie” the spirit behind Kalandra with founder and CE Dr Christine Clark

TESTIMONIALS

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TESTIMONIAL

"Thanks to Ritchie and the Kalandra team for giving me the opportunity to complete my Diploma in Dementia Care Level 5. It has enhanced my personal growth and development and my Faculty Manager has acknowledged my achievements and is proud of what I have accomplished with my studies and knowledge about Dementia Care."

S. C
(DIPLOMA IN DEMENTIA, L5)

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TESTIMONIAL

"I would like to take this opportunity to thank the staff, teachers, mentors and management team at Kalandra Education Group. It was the most memorable experience of my life which i will always cherish"

D. K
(DIPLOMA IN DEMENTIA L5)

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TESTIMONIAL

"Kalandra is so much more accepting of life's obstacles... which tells me they truly do understand fellow people's dynamics"

J. B. K

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TESTIMONIAL

"I believe that it is the tutor that makes the difference to how much a student can learn and take in. I also believe that I would not have been able to get through the assignments without the input and weekly webinar held by the tutor. Thank you Joanna"

T
(NZ CERT L3)